

## Praying Our Thanksgiving and Trust Psalm 138

The Book of Psalms provides a guide for each of us to pray our dependence, our longing, our trust, our distress, our anger, our desperation, our gratitude, our despair, our fear, our hope, and our joy. The Psalms help me to be more intentional and more focused in my worship of our Lord.

**1. Identify \_\_\_\_\_  
and \_\_\_\_\_ Him.**  
(Psalm 138:1-3)

**2. Make known \_\_\_\_\_  
to those around you, so that \_\_\_\_\_.**  
(Psalm 138:4-6)

**3. Lord, I'm trusting you \_\_\_\_\_.**  
(Psalm 138:7-8)

## Day by Day in the Word

1. Read Psalm 18, which is similar to Psalm 138. As you read this psalm, what do you find out about the character of God? List the various names, metaphors (rock, fortress), and attributes. How can this impact your worship? How can this strengthen your walk with the Lord?
2. In Psalm 138, David focuses on two attributes of God: lovingkindness and faithfulness. These are key words in the OT. Use a Bible Dictionary or Study Bible and find out what they mean. How will this impact your worship? How will this impact your daily walk with the Lord? Share with someone what you are discovering.
3. Identify two areas in which you see God working in your life or in the life of our church. Where has He made Himself known to you? Spend quality time today praising Him for who He is and what He has done. Get together with someone else and share what the Lord has done. Remember: worship is a response to who God is and what He has done in our lives.
4. With a group, identify two things from God's words and God's ways that you could share with your friends, co-workers, neighbors, acquaintances, or family. Look for opportunities to share these with them. One possibility might be Psalm 138:6. Pray that they, in turn, would praise God for who He is and what He has done.
5. Focus for a few minutes on Psalm 138:6 and use Psalm 113:4-9 as a basis. What principle or attribute of God do you find here? What plans can you make to put this into practice this week?
6. How does Psalm 138 strengthen your trust in God?