

## Healthy Church—Healthy Families: “How does Christ fit into my daily life?”

### Colossians 3:1-4

Over the next couple of months, we’re going to dive into a series that will help us to see what a healthy church and what healthy families look like. We need a new perspective. But, we also need the necessary skills to become healthy. This morning let’s focus our attention on Colossians 3:1-4 and figure out how Christ fits into our daily lives.

**1. Embrace \_\_\_\_\_ for your daily life.**  
(Colossians 3:1)

**2. Integrate \_\_\_\_\_ into your daily life.**  
(Colossians 3:1-2)

## Day by Day in the Word

The Spirit of God uses the Word of God to bring about Christlike-ness. “Day by Day in the Word” is a tool to help bring this about.

### **Monday-Tuesday**

1. Colossians 3:1 has an important connecting word, “then” (“therefore”) which links the doctrinal section (Col. 1-2) with the practical section. This is similar with Romans 12:1; Ephesians 4:1; Philippians 4:1. Why do you think it’s important to have doctrine first, and then practice?
2. Read Colossians 1-2 and identify one truth about who Christ is (ex.: Col. 1:15-20) and one truth about what Christ did on the cross (ex.: Col. 2:10-15). Tell someone what you’ve learned.
3. What difference would it make in your family life knowing that Christ has all power and authority? Determine to act on this truth today.

### **Wednesday-Thursday**

1. Let’s look at Christ’s priorities for the church (“the things above”). Identify several priorities from Matthew 22:34-40; 28:18-20; Acts 1:8; 2:42-47.
2. How does the church’s mission statement align with these passages? The church’s mission statement is: “Our church exists to glorify God by making disciples who love Christ, love one another, and live to reach our world for Christ.” Are there other biblical passages that help support this statement?
3. Identify one of the characteristics of a disciple (love Christ, love one another, reach our world) and develop a plan to develop that in your life. Celebrate what God is doing in your life with another individual.

### **Friday-Saturday**

1. Clearly define what “set your hearts” (lit. “seek”) and “set your minds on things above.” Use a Bible Dictionary or Study Bible for help.
2. Determine one area in your life that you need to gain Christ’s perspective. How would you think and act differently in light of Christ’s perspective?